

Mass Intentions (4th Feb. – 10th Feb).
Vigil 5pm: +Jang Ae Kim; **Sun.:** 8am Pro Populo; 9.30am: +; **Mon:** +Galina Kollar; **Tues.** +Adrian Han; **Wed.:** +Patrick Lim Jr ; **Thurs.** Holy Souls; **Fri.** +Deceased Priests; **Sat:** Steve Smith, for good health

Catholic news: The Catholic Thing, National Catholic Reporter; EWTN; Crux, L'Osservatore Romano Vatican News. [Pope Francis@Pontifex](mailto:PopeFrancis@Pontifex)

On Sundays after 8am Mass there is cuppa in the foyer of the hall.

We acknowledge the Gweagal People, the traditional Custodians of this land.

St. Joseph's Como *cares* for safeguarding children. Safeguarding Office at 9390 5810 or safeguardingenquiries@sydneycatholic.org.

Daily Masses: 7:30am **Monday, Wednesday, Thursday and Saturday** (Saturday: Mass, Cenacle, Confession & Benediction); **Tuesday 5:30pm:** Adoration, Novena, Confession, Benediction and 6pm Mass. **Friday 9:15am First Fridays** 5:30pm Devotions & 6pm Mass.

Weekend Mass times: **Saturday:** Vigil 5pm **Sunday:** 8am, 9:30am and **2nd Sunday** of the month at 3pm: **Divine Mercy Chaplet with Benediction and Mass.**

Baptisms at 9:30 Mass(1st & 3rd Sunday)
 Other inquiries please contact Parish Office.

Our sick: Eileen Ellsmore, Elizabeth Mercieca, Nerida Tullio, Steven Leeke, Helen Cramer, Max McLeod, Richard Davis, Michele McQuillan, Joan & Vince Fernandez, Drago Mikan, Therese Dorff, Steve Smith, Barbara Moore, Albert McMaster, Elizabeth Kinsela, Katrina Marinilli, Rita Shah, Julia Lock, Marie Lawsen, Ian Duffey, Eliette Majdandzic; Dragica Furda, Mary Carmen Borg, Josefa Dabu, Josie Lay, Christine Woodard, Urszula Kaminska, Josephine and Steven Marinilli, Nicholas Mircevski and all Dear Friends from **Mildred Symons House:**
Next Mass 10.45am, 13th March, 2024.

What is Lectio Divina? Late Pope Benedict XVI referred to the ancient tradition of *lectio divina* as a “prayerful listening to the Word of God.” It is from this prayerful reading of Sacred Scripture, especially, that the Church has developed and taught its holy doctrines through the millennia. If we consider the ultimate prayer of the Church—the Holy Mass, which is the source and summit of our life in Christ—we can more easily understand how the reading of Scripture and the sacraments are fused in the prayerful liturgy.

Congratulations and best wishes to Anne and Albert McMaster for their 40th Wedding Anniversary.

Happy Birthday to Anne McMaster, Hilda Callus, Maggie Cranney and Robyn Crow.

The UN recognized the importance of forgiveness in peacebuilding. Full reconciliation requires some form of forgiveness; without forgiveness, the prospect of a peaceful future would be slim. The International Day of Living Together in Peace, celebrated on May 16th (since 2018) every year, encourages countries to promote reconciliation and encourage forgiveness and compassion among individuals.

Lunar New Year begins on the date of the second new Moon after the summer solstice, which always occurs in late December. In 2024, the second new Moon will occur on Saturday, February 10, marking the start of a new lunar year.

 Safeguarding, Child Protection and Ministerial Integrity. For more information, please scan QR code.

Be Filled with the Love of God. Created by the Archdiocesan Parish Renewal Team, this Lenten Companion is designed to support parishes and individuals in fostering conversion and renewal in preparation for the Passion, Death and Resurrection of Christ. We hope that this resource will provide additional opportunities to build and strengthen community life in our parishes, as we gather in-person or online to pray, reflect and share about God's Word during Lent. *The books are available in the church. On the page 22 we can find the meditations of the Station of the Cross and the Examination of conscience.*

Project Compassion envelopes and boxes are available in the church. Please support this almsgiving activity to ease suffering of many people around the world. We can use QR code (printed on the envelope) for electronic donations. Our gifts are 100% tax-deductible.

Station of the Cross on Fridays at 6pm from 16th Feb. throughout the Lent.



Caring for common Home. Clean up Australia Day. Sunday 3rd March. To register



All creation is sacred.

<https://liturgy.sydneycatholic.org/>
 Please visit the above link or scan QR code on the left for ministry courses provided by Archdiocese this year.

A SNAPSHOT OF OUR PARISH (2021)
 Total population – 21,195. Catholic Population – 5,583. Catholics make up 26.3 per cent of the total population. Median age of Catholics is 39 years. Total Catholic families – 2,231. 285 Catholics live alone. Catholics were born overseas – 912. Catholics do not speak English – 35. Catholics need assistance with core activities – 250. Catholics have changed address since 2016 – 1,688

Late Pope Benedict said: “...the Church must protect the human family from self-destruction”. (Integral ecology and faith).

Lectio divina is a great river that carries all the riches accumulated over the course of Church history by the fervent readers of God's Word. *Lectio divina* is never solely our own reading. It feeds on the interpretation of those who have preceded us...if we persevere in *lectio divina* and silent listening to what the Spirit is saying to the Churches, our effort will be rewarded by unheard-of jewels and riches. *Cardinal Robert Sarah*

The Christmas season is behind us and it feels like Ordinary Time has only just begun. But suddenly it's Ash Wednesday (14th Feb.), and we're scrambling to decide what we're doing for Lent and wondering whether our choice of penance is too hard or too easy. This year, don't let Lent take you by surprise, have your plan in place. Before Ash Wednesday catches you unawares, make a point of sitting down at the kitchen table, and give some thought to how you want to spend this Lent. If you have no idea where to begin, rest assured: there is a solid foundation to work from. The Church doesn't leave us to figure things out ourselves. There are three holy practices which Catholics are called to embrace in penitential seasons such as Lent and Advent. These three practices are **prayer, fasting, and almsgiving**. When you make your Lenten plan, choose something specific from each category—and you're set for a grace-filled journey to Easter. It's going to be a fruitful Lent. When we're mentally and spiritually prepared, it's easier to stick with our resolutions. Do things that help you. If you need visual reminders, consider making some for yourself. Many people benefit from the “note-on-the-bathroom-mirror” tactic. Choose a Bible verse for Lent and stay inspired that way. And let's pray for each other.